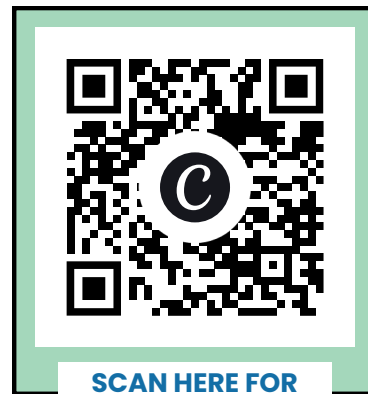


EVERYDAY SKILL BUILDERS

Group time action songs



SCAN HERE FOR
VIDEO TUTORIAL

Action songs are a staple of all high-quality early learning programs. They support gross and fine motor skills, midline crossing, core strength development, rhythm, whole body collaboration and a sense of community. What's more they're fun!

This skill builder covers tips for incorporating action songs into your everyday program to support children's learning and development. Scan the QR code to learn some old favourites!

TIPS FOR INCORPORATING ACTION SONGS TO SUPPORT CHILDREN'S LEARNING

- 1 Use action songs as a ritual to begin a group gathering. Incorporating songs with proprioceptive and vestibular input such as 'Paki Paki' can be really helpful in supporting children's regulation.
- 2 You can centre your entire group gathering or mat time around action songs. Remember children's concentration span for adult directed instructional teaching is approximately 2-3 x their age in years, so action songs are a great way to support their developing focus and concentration in an age appropriate way. Eg The popcorn song (see below)
- 3 Many action songs include the entire group or are designed for some children to be in the centre of the circle with other children playing a part at the edge of the circle. This means, action songs are a great way to support turn taking in a way that is manageable for all children.
- 4 Scan the QR Code to learn some of our favourite action songs to sing with children.

EXAMPLE: The Popcorn Song

Sprinkle in the pop corn [sprinkle in the popcorn]
Pour in the oil [pour in the oil]
Put on the lid [put on the lid]
Turn up the heat [turn up the heat]

*Sizzle-sizzle-sizzle-sizzle, Sizzle-sizzle-sizzle-sizzle,
Sizzle-sizzle-sizzle-sizzle, POP!*

The popcorns in the popper, let it pop pop pop!
The popcorns in the popper, let it pop pop pop!

Pop! Pop! Pop! Pop! Now its time to STOP!

Notes

Reflections

